

LAB TEST ORDERING POLICY

At D-Signed Nutrition, we want you to feel informed and supported throughout the testing process. The following guidelines explain how laboratory testing is ordered, paid for, and reviewed through our office.

1. LAB TESTING IS PATIENT- PAY

- Insurance information will not be included on the laboratory order.
- Payment for testing must be made in advance.
- Payment is made directly to the laboratory, not to D-Signed Nutrition.
- D-Signed Nutrition does not markup laboratory testing. You pay the cost charged by the laboratory.
- Any questions regarding test cancellation or refunds should be directed to the laboratory.

2. LAB TESTING FEES DO NOT INCLUDE A NUTRITION CONSULTATION FEE

- The cost of laboratory testing does not include an appointment to review and interpret your results.
- Once your results have been processed, they will be sent to our licensed practitioner portals.
- We will notify you when your results are available so that you can schedule a consultation for review, interpretation, and treatment recommendations.
- The fee for your nutrition appointment will be collected on the day of your visit.

3. LAB RESULTS ARE RELEASED DURING A CONSULTATION REVIEW

- To help ensure that your results are properly understood and placed in the appropriate context, our office reviews laboratory results with you during a consultation.
- Many of the specialty tests we recommend require a licensed practitioner to order them. For this reason, completed results are sent directly to the ordering practitioner.
- We believe that simply providing test results without professional explanation or a treatment plan can create unnecessary confusion. Our goal is to help you understand what your results mean and what, if anything, they may indicate for your individual care.
- Results may be released to you shortly before your scheduled appointment so that you have an opportunity to review them and prepare any questions you may have.

4. LAB TESTING IS AVAILABLE TO ESTABLISHED D-SIGNED NUTRITION PATIENTS

- D-Signed Nutrition orders laboratory testing only for individuals who are established patients.
- We understand that you may want to help a friend or family member access specialty functional health testing. However, we encourage friends and family members who are interested in testing to schedule a consultation with D-Signed Nutrition.

Patient Name: _____

Patient / Responsible Party Signature: _____

Date: _____